



**Belfast 200ft Bungee Jump
Pack**



**The Windrose
5 Rodgers Quay
Carrickfergus
Belfast
BT38 8BE**

Contents

[\(Click on the Section that You Would Like to Read\)](#)

Page 2: Introduction

Page 3: Before Your Jump

Page 4: The Day of Your Jump

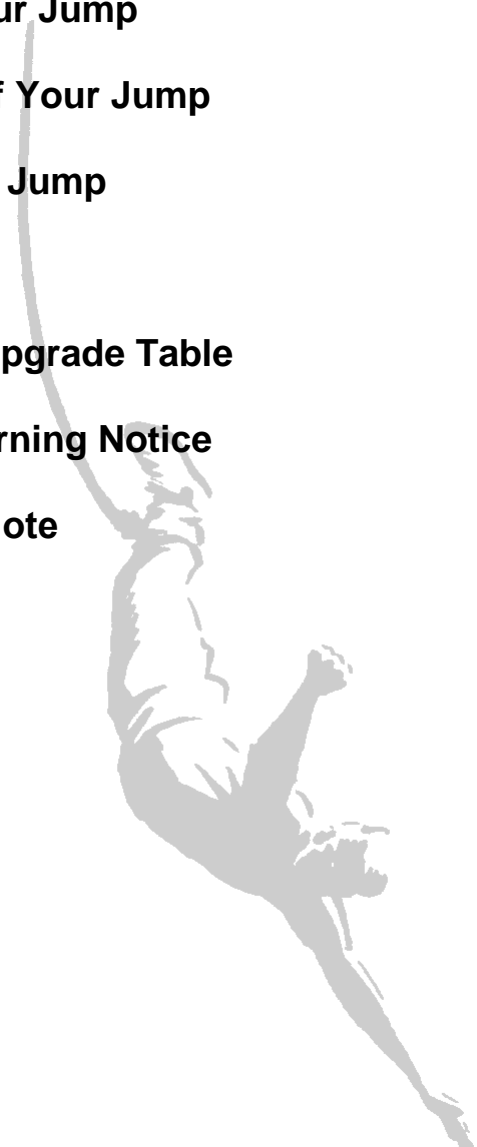
Page 5: After Your Jump

Page 6: Directions

Page 7: Voucher Upgrade Table

Page 8: Health Warning Notice

Page 9: Doctor's Note



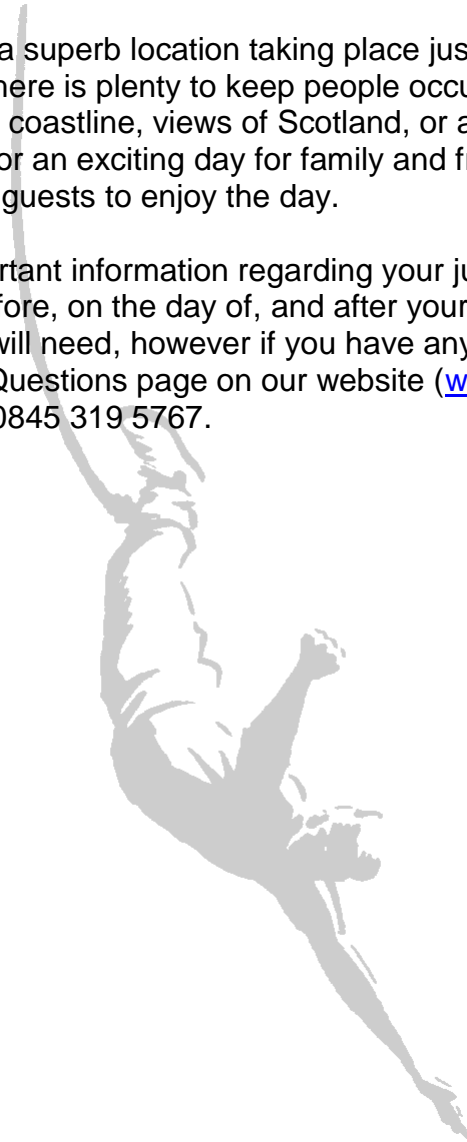
Introduction

Congratulations on booking your 300ft bungee jump!

UK Bungee has been providing bungee jumps to thousands of people for 20 years, allowing us to build a wealth of knowledge that we use to make sure that you have a fantastic experience.

Our 300ft jump at Belfast is in a superb location taking place just at the water's edge. Located just outside of Carrickfergus, there is plenty to keep people occupied. Views from your bungee jump may include the stunning coastline, views of Scotland, or a 12th Century Norman Castle. The surrounding area makes for an exciting day for family and friends ensuring that everyone is kept occupied and allowing all guests to enjoy the day.

This event pack contains important information regarding your jump. You will find information and instructions relevant to before, on the day of, and after your jump. This pack should contain all of the information that you will need, however if you have any further questions then take a look at our Frequently Asked Questions page on our website (www.ukbungee.co.uk) or alternatively call our office on 0845 319 5767.



Before Your Jump

We know that once your bungee jump is booked you will be very excited and rightly so! However below is some information and instructions that you will need to read after you have booked your bungee jump. Once you are satisfied that everything is complete then feel free to tell anyone who will listen about your upcoming bungee jump!

Confirmation Email: Check that your confirmation email states the correct location, time and date with correct contact number for you as we may need to contact you before or on the day of your jump

Voucher: Check that your voucher is valid for this event by using the Voucher Upgrades Table found on page 7. Please note that once you have made a booking using your voucher, no refunds will be given and voucher validity will be lost in the case of you cancelling your event.

Health Warning Notice: Read the Health Warning Notice which can be found at the bottom of this pack and make sure that you are fit enough to jump. Make sure that you obtain a doctor's clearance - you will need this if any of the health warning notice applies to you, or you are aged 50 & over.

Accommodation & Transport: When booking accommodation or transport please check the cancellation policy as UK Bungee cannot be held responsible for any accommodation, transport or other charges that you incur in the case of a cancelled event.

Terms & Conditions: Make sure that you read our Terms & Conditions found [here](#).

Plan your journey: We have included directions on page 6, but it is always a good idea to check the time that it will take you to arrive as if you are late we may not be able to accommodate your jump.

Changing Your Jump Date: You can change your experience date free of charge within 7 days of booking. However any changes made to your booking after the 7 days will incur a £10 rebooking fee & any changes made within 14 days of the event will incur a £25 rebooking fee. Where cancellation insurance has been purchased you may change the date of your booking once free of charge and you must notify us of this change before the start time on the day of your event.

Cancelled Events: Occasionally we sometimes have to cancel our events due to weather, mechanical failure, low participant numbers or unexpected events. In the week leading up to your event make sure that you check the News section of our website for details of any cancelled events. In the rare event that we do have to cancel your event we will endeavour to contact you as soon as possible and re-arrange your booking for the next convenient date free of charge. Please note that refunds will not be issued for cancelled events.

Refunds: If you need to cancel please note that refunds will only be issued within 7 days of booking minus a £10 administration fee. No refunds will be issued after 7 days of booking.

The Day of Your Jump

Here at UK Bungee we want you to have the best day possible so below is some information that will help to make sure that your day runs smoothly.

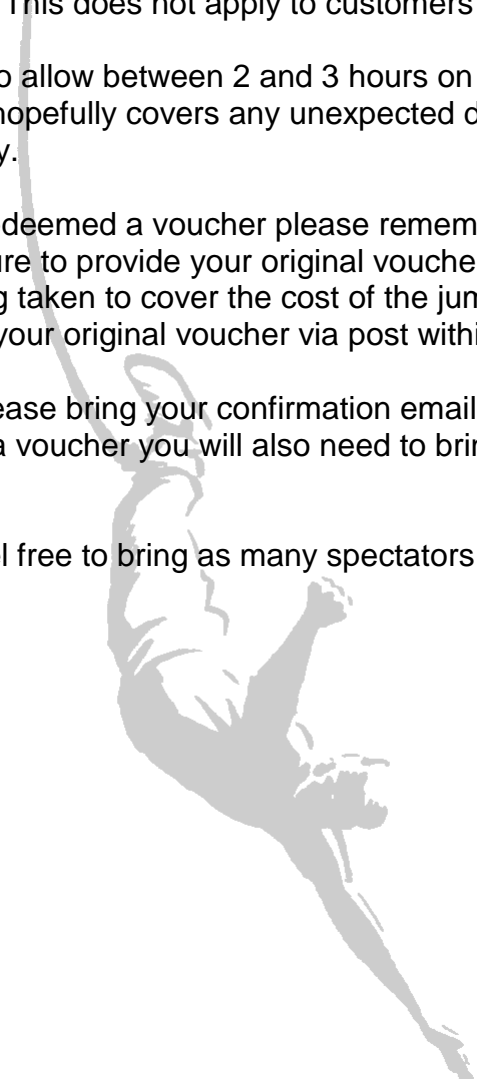
Arrival: It is important that you arrive 30 minutes before your jump time. If you are late and arrive before 3pm then we will try our best to accommodate your jump. If you are late for your scheduled jump time and arrive later than 3pm then you will not be able to jump, no refunds will be given, voucher validity will be lost and you will not be able to reschedule your jump. This does not apply to customers who are booked in after 3pm.

Duration: We ask you to allow between 2 and 3 hours on site. This allows us to prepare you for your jump and hopefully covers any unexpected delays that we may be experiencing on the day.

Voucher: If you have redeemed a voucher please remember to bring this with you on the day of your jump. Failure to provide your original voucher on the day of your jump will result in a deposit being taken to cover the cost of the jump. This deposit will be refunded if we receive your original voucher via post within 28 days of your jump.

Confirmation Email: Please bring your confirmation email on the day as proof of booking. If you have redeemed a voucher you will also need to bring your voucher with you (see above).

Spectators: Please feel free to bring as many spectators as you want the more the



After Your Jump

After your jump there are a range of factors that you could be feeling euphoria, excitement and even disbelief! With the adrenaline coursing through your body it is easy to stroll through the next few minutes in a daze so here are a few points to help make the most of your time after the jump.

_____ Make sure that you pay a trip to our Sales desk to take a look at your perfect memory of a fantastic experience!

Merchandise: Take a piece of your experience with you and let everyone know that merchandise is available to pre-order or purchase on the day of your jump including t-shirts, baseball caps and jackets.

Leave a Comment: If you have enjoyed your experience why not let us know by leaving a comment on our Facebook or Twitter pages! We love to hear from you about your experiences and if you have any pictures to show us even better! If you would like to leave a review of your experience head on over to Trip Advisor, here at UK Bungee we welcome all feedback and constantly look to improve your experience.

Book Again: If you enjoyed your jump then why not book another! With 300ft jumps, Bridge bungee jumps and Catapults, UK Bungee has a wide range of adrenaline activities for you to experience.

Directions

Map:



Driving Directions:

Carrickfergus from the M5

- Head north on the M5
- Continue onto the A2 towards Carrickfergus
- Continue along the A2 past Carrickfergus for 1 mile.
- Take a right onto Rodgers Quay
- Take a left towards Quayside and left again onto Quayside.

To plan your route visit www.theaa.com/routeplanner using the postcode on the front of this pack.

Trains:

Regular rail services run between Belfast and Carrickfergus. Please find more details at: www.translink.co.uk/NI-Railways

Air:

The nearest airport to Carrickfergus is Belfast International Airport. From the airport a train can be taken to Belfast City Centre and then to Carrickfergus. Alternatively customers can hire a car and follow the directions above.

Voucher Upgrade Table

✓ = no upgrades to pay

My Voucher Type	Jump Choice								
	<i>(Please choose your voucher type from the left hand column and work across to see your voucher options)</i>								
	160ft Bungee Jumps <small>Various Locations</small>	Bridge Bungee Jump	London Bungee Jump	300ft Bungee	Indoor bungee Jump	Triple whammy	Awesome Foursome	Double Powerfan	Catapult
Voucher Wording "160ft bungee jump"	✓	£15	£15	£39			£39	✓	✓
Voucher Wording "Bridge Bungee Voucher"	✓	✓	✓	£24	✓	✓	£24	✓	✓
Voucher Wording "London 160ft Bungee Jump"	✓	✓	✓	£24	✓	✓	£24	✓	✓
Voucher Wording "300ft Bungee"									



*Notes – Tandem jumpers / Lovers leaps / FAB voucher holders

Certain locations cannot accommodate your vouchers however you do have the option to do solo jumps and experiences, please contact us for further information

0845 319 5767 info@ukbungee.co.uk

HEALTH WARNING NOTICE

IF IN DOUBT - DON'T JUMP

If you are not in good health you should NOT jump.

If you have any of the following conditions you should seek medical advice before jumping.

1. High Blood Pressure
2. Heart Condition
3. Suffer from Dizziness or Epilepsy
4. Damage to neck, back, spinal column, legs or eyes
5. Asthma
6. Pregnancy
7. Alcohol – If you appear intoxicated you cannot jump
8. Medication - please inform us if you are taking any form of medication.

If you suffer from any of the above but have been given a doctors certificate,
You will be requested to sign a non standard waiver.
Please Read it Carefully

- No under 14's
- 14 and 15 year olds require a parent or guardians permission and signature
- Jumpers aged 50 & over are required to have a doctors certificate to comply with our insurance regulations
- Glasses and hard contact lenses cannot be worn
- If wearing boots please be prepared to remove them
- Maximum weight limit for a solo jumper is 120kg (18.9 stone)
- Waist harnesses fit waist size of 40cm (15.7 inches) to 125cm (49.2 inches)

Doctors Note

If because of any of the conditions mentioned in the health notice you cannot sign a declaration, you will need to use this form.

Notes for guidance of the examining Doctor are given on the next page

At registration you will be required to sign a declaration to say that you not aware of any present or past medical and/or physical conditions which might endanger yourself whilst o TJ3. 9(i) (l)5(st)4(o)t5()nsg i(giv)-3(o)-9(an)41 Tm[.]TJET



NOTES FOR BUNGEE JUMPERS

Persons involved in Bungee Jumping should have a reasonable standard of physical fitness . In addition to the medical conditions listed overleaf, the following may cause difficulty whilst Bungee Jumping and if you have ever suffered from any of these you are advised to seek medical opinion.

Rheumatic fever. Chronic bone or joint condition. Disorder of the blood, severe anaemia. Chronic ear or sinus disease. Previous major head injury. Any condition which requires the regular use of drugs. Retinal or other chronic eye condition.

NOTES FOR THE GUIDANCE OF EXAMINING DOCTORS

the course of their descents. When jumping head first the load is distributed through the shoulder straps of a chest harness or through both legs and hips when using an ankle harness in conjunction with a lower body harness. After jumping and coming to rest they may be suspended in the inverted position for at most 2-3minutes until retrieval is effected.

Bungee jumping can cause strong tachycardia up to 200 beats per minute through the stress it generates. Therefore, the cardiovascular system must be in good condition.

There are a few conditions which may be incompatible with Bungee Jumping. People who are known **EPILEPTICS, DIABETICS, DRUG ADDICTS, ALCOHOLICS**, or who have **SEVERE AND ACTIVE MENTAL ILLNESS** may NOT be allowed to Bungee Jump unless you consider it safe to do so. A history of skull fracture, concussion, or brain damage should be assessed most carefully. In the case doubt it is strongly urged that expert opinion should be sought.

Further contraindications are:

- Pregnancy
- Slipped discs
- Unstabilised severe hypertension of the arteries
- Congenital or acquired endocardiac lesions
- Problems involving myocardial conduction
- Clinical or electrical abnormalities related to coronary insufficiency
- Cardiac functional deficiencies
- Chronic pneumothorax
- Hernia or recent surgical operations of the abdomen
- Problems involving loss of consciousness without etymological explanation

No person above the age of fifty years will normally be accepted for Bungee Jumping. Exceptions to this rule may be allowed if the person is of a high standard of fitness for his/her age.