

HEALTH WARNING NOTICE

IF IN DOUBT -

If you are not in good health you should **NOT** jump.

If you have any of the following conditions you **should seek medical advice before jumping.**

- 1. High Blood Pressure**
- 2. Heart Condition**
- 3. Suffer from Dizziness or Epilepsy**
- 4. Damage to neck, back, spinal column, legs or eyes**
- 5. Asthma**
- 6. Pregnancy**
- 7. Alcohol** If you appear intoxicated you cannot jump
- 8. Medication - please inform us if you are taking any form of medication.**

**If you suffer from any of the above but have been given a doctors certificate,
You will be requested to sign a non standard waiver.**

14 and 15 year olds require a parent or guardians permission and signature

regulations

Glasses and hard contact lenses cannot be worn

If wearing boots please be prepared to remove them

Maximum weight limit for a solo jumper is 120kg (18.9 stone)

Waist harnesses fit waist size of 40cm (15.7 inches) to 125cm (49.2 inches)