



HEALTH WARNING NOTICE

IF IN DOUBT - **DON'T PARTICIPATE**

If you are not in good health, you should **NOT** participate.

You can **NOT** participate if you are;

- Under 11 years old – for the Triple Whammy experience
- Under 14 years old – for Bungee jumping
- Under the influence of alcohol or illegal drugs
- Pregnant

If any of the following apply, **you must seek professional medical advice before participating** and sign a non-standard waiver;

- High blood pressure
- Heart condition
- Suffer from dizziness or epilepsy
- Damage to neck, back, spinal column, legs or eyes
- Asthma
- Medication – if you are taking any form of prescribed medication, please inform us of how this may affect you
- Aged 50 years or above – we strongly advise that you seek medical advice prior to taking part

The following points apply to **ALL** participants;

- Participants aged 11 - 17 years require a parent or legal guardian to be present, and to sign the waiver on the participants behalf
- Glasses and hard contact lenses cannot be worn
- If wearing boots/high-top or slip on shoes, please be prepared to remove them
- Minimum participant weight is 35kg (5.5 stone)
- Maximum participant weight is 120kg (18.9 stone)
- Waist harnesses fit waist size of 40cm (15.7 inches) to 125cm (49.2 inches)

